

**kimberly withey**

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**From:** Karl Loren [karl@karlloren.com]  
**Sent:** Friday, March 28, 2003 11:47 AM  
**To:** Kimberly  
**Cc:** Kimberly; Nick  
**Subject:** RE: Message to Karl Loren from the Chelation Therapy On Line Home Section

**[[Karl Loren]] He did not give email!!**

**Please print and mail.**

**KL**

**[[Karl Loren]] Dear Brent,**

**MSM is not a homeopathic substance. If you bought such, it was a fraud.**

**MSM is extremely good for dogs. I have used it on my own. There is no chance it could harm your dog -- you mention "lotion" it could have many impurities in it.**

**Tell me the brand, I will investigate. I have published many exposes about lies about MSM.**

**If the cream harmed your dog, I would never use it -- but that is doubtful.**

**My cream is very safe to use.**

**Karl**

**How much MSM should you take? And How?**

**How long should you keep taking any particular dosage?**

**First how?**

**MSM in capsule form does not usually raise this question. Capsules are easy to take -- several into the mouth, a swallow of water or beverage, and you have taken them. Some people can only take one or two capsules at a time -- others can stuff 20 in their mouth and manage to get them down with one or two swallows of water.**

**Bulk MSM? Your choice is really between putting a teaspoon of the stuff into your mouth (it tastes pretty bad) and then taking enough water or juice to wash it down -- or putting that teaspoon full into a glass of something.**

3/31/2003